



University  
Graduate  
School

<http://gradschool.fiu.edu>

## GRADUATE PACKET FOR DISSERTATIONS

MARC 240, MM Campus – Tel. (305) 348-2455, E-Mail: [ugs@fiu.edu](mailto:ugs@fiu.edu)

### **IN THE PACKET ATTACHED, YOU WILL FIND THE FOLLOWING SAMPLES AND LINKS:**

1. Graduate Student D forms Checklist for dissertation Preparation
2. Copies of Forms ‘D1’ through ‘Final ETD Approval form’. Forms are available at <http://gradschool.fiu.edu/student-forms.shtml>. All information MUST be typed.
3. BE SURE TO CHECK ALL DEADLINES. You can always get the latest deadlines by visiting the University Graduate School Deadlines for Theses and Dissertations at the following link: <http://gradschool.fiu.edu/electronic-thesis-dissertation-deadlines.shtml>
4. “SAMPLE DISSERTATION DEFENSE ANNOUNCEMENT” to be used when preparing the oral dissertation defense announcement that is attached to FORM “D5”. The announcement must include the following components: purpose, methods, finding, and conclusion. It must be no longer than one page.
5. Information on the BINDING of the thesis for personal use, for committee members, etc.
6. Information on the use of Human Subjects and Animal Research
7. A summary of the mandatory ETD submission and detailed information can be found at the following link: <http://gradschool.fiu.edu/electronic-thesis-dissertation.shtml>

### NOTES:

- i.) The Regulations for thesis and dissertation preparation manual is available at [http://gradschool.fiu.edu/documents/Manual\\_Regulations.pdf](http://gradschool.fiu.edu/documents/Manual_Regulations.pdf). It is the candidate’s responsibility to follow the requirements in effect when the manuscript is filed. Do not use dissertations previously filed for format and examples.
- ii.) In addition to these forms, YOU MUST SUBMIT AN ONLINE APPLICATION FOR GRADUATION TO THE REGISTRAR’S OFFICE THROUGH PANTHERSOFT. For inquiries please contact the GRADUATION DEPARTMENT, PC130, Tel: 305-348-2341. See deadline in the Academic Calendar found at: <http://onestop.fiu.edu/academic-calendar/>

## **Graduate Student D Form Checklist:**

### **DEADLINES**

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#### **Form D1 – Appointment of Dissertation Committee**

To be submitted at the time your committee is formed but no later than 4 semesters before the anticipated graduation term.

#### **Form D2 – Program for Doctoral Degree and Application for Candidacy**

To be submitted after finishing coursework, as soon as results of candidacy examination's results are available and BEFORE registering for dissertations credits.

#### **Form D3 – Doctoral Dissertation Proposal**

Attach a copy of proposal not to exceed five pages and submit no later than 3 semesters before the anticipated graduation term.

#### **Form D5 – Preliminary Approval of Dissertation and Request for Oral Defense**

MUST be submitted to the University Graduate School 3 WEEKS BEFORE THE DATE OF THE DEFENSE or by the deadline whichever date is the earlier. Attach a copy of the dissertation with the D5 and email the announcement in Word format to ugs @fiu.edu.

#### **Final ETD Approval:**

Signed form in original ink with required documentation. See [documentation requirements](#).

**UNIVERSITY GRADUATE SCHOOL BULLETIN  
ANNOUNCEMENT**

**Florida International University**  
*University Graduate School*

Doctoral Dissertation Defense

**Abstract**

Risk Factors of Coronary Heart Disease and Correlates of Type 2 Diabetes  
among Cuban Americans

by

**Subrata D. Nath**

The differences in the risk factors of coronary heart disease (CHD) and the predictors of type 2 diabetes were investigated among Cuban Americans with (N=79) and without (N=80) type 2 diabetes using a cross-sectional study design. Data on socioeconomic status, smoking, physical activity, dietary intake, and angina symptoms were collected using validated standardized questionnaires. Anthropometrics and blood pressure (BP) were recorded. Glucose, glycated hemoglobin, lipid profile, homocysteine, and C-reactive protein were assessed in fasting blood.

Diabetics reported a significantly higher rate of angina symptoms than non-diabetics (P=0.008). After adjusting for age and gender, diabetics had significantly (P<0.001) higher mean waist circumference and mean systolic BP than non-diabetics. There was no significant difference in nutrient intakes and physical activity levels between the groups. After adjusting for age and gender, diabetics had significantly (P<0.001) higher mean serum levels of triglycerides and homocysteine than non-diabetics. In contrast, diabetics had significantly (P<0.01) lower levels of high-density lipoprotein cholesterol (HDL-C) than non-diabetics. In multiple linear regression, several modifiable lifestyle habits were the independent predictors of these CHD risk factors.

Multivariate logistic regression analyses showed that increased age, male gender, larger waist circumference, lack of acculturation, increased intake of percent calories from protein, and higher serum levels of triglycerides were the independent risk factors for diabetes among the study participants. In contrast, increased intake of fiber and moderate alcohol consumption conferred protection against diabetes.

The study concluded that Cuban Americans with diabetes have a greater number of CHD risk factors compared to those without diabetes. Several modifiable lifestyle factors are associated with the risk of diabetes. Culturally sensitive public health measures are needed to reduce the burden of diabetes and CHD in this high-risk minority population.

**Date:** November 22, 2004  
**Time:** 10.00 a.m.  
**Place:** University Park, GL 220

**Department:** Dietetics and Nutrition  
**Major Professor:** Dr. Fatma G. Huffman

## **IRB/IACUC APPROVAL**

FIU Institutional Review Board (IRB) must approve all research projects involving human subjects and the FIU Institutional Animal Care and Use Committee (IACUC) must approve all projects involving animal research conducted by anyone affiliated with the University, including graduate students, before such research begins.

In an effort to assure compliance with these policies, we are requesting that all graduate students whose thesis or dissertation involves human subjects or animal research attach a copy of the IRB or IACUC memorandum of approval when submitting Form M2 (Master's Thesis Proposal) or Form D3 (Doctoral Dissertation Proposal) to this office. As usual the student should also include his or her proposal with the form.

Any questions regarding IRB/ IACUC procedures should be directed to your college IRB/ IACUC representative at (305) 348-2494/ E-mail: [irbiacuc@fiu.edu](mailto:irbiacuc@fiu.edu). Application and other materials and information can be obtained from <http://research.fiu.edu/iacuc/index.html>.

## **ENROLLMENT IN THESIS OR DISSERTATION CREDIT HOURS**

A student working on a dissertation needs to be continuously enrolled (including the summer term) until he or she submits the manuscript to our office for approval. Doctoral students need to be enrolled for at least 3 dissertation credit hours.

Doctoral students must register for dissertation credit hours after advancing to doctoral candidacy by filing D2 (Program for Doctoral Degree and Application for Candidacy) in our office.

### **Graduate Policy and Procedure Manual**

<http://gradschool.fiu.edu/policies-procedures.shtml>

## **INFORMATION ON BINDING YOUR THESIS/DISSERTATION**

Some departments require their students to provide additional bound copies. Please check with your department to see if there are such requirements. In addition, most students also want to bind a number of copies for personal use.

For your convenience we are listing two companies that have agreed to provide special pricing for binding personal copies. Boca has provided samples of the finished products. These samples are kept in the University Graduate School office and are available for your inspection.

There might be other companies in the area who are willing to provide this service so feel free to shop around. Also, soft binding is available through the copy center on campus.

**Note:** Neither FIU nor the University Graduate School are responsible for the work of either binding company.

### **Binding Companies:**

Boca Bookbinding, Inc.  
1165 East Plant Street, Suite #2  
Winter Garden, FL 34787  
Tel 407-654-0003

International Assets  
4600 Rickenbacker Causeway, South Wing  
Miami, FL 33149  
Tel 305-421-4184